

Transitions: Line Up

Tic, Toc for lining up

by Kathie Hill & Darlene Abbott (“Songs & Chants for Antsy Pants” CD), www.kathiehillmusic.com

Tic, Toc, Tic, Toc
It’s that time.
Please stand up and get in line
Tic, Toc, Tic, Toc
It’s that time.
You take your place and I’ll take mine
Tic, Toc, Tic, Toc
It’s that time.
Now we’re done don’t we look fine!

My Mouth is Very Quiet

(Author unknown)

My mouth is very quiet
I’m standing straight and tall
My eyes are on the teacher
And I’m ready for the hall.

Line-Up Song

(from Dr. Jean, to the tune, “Hi-Ho, Hi-Ho”)

Hi ho, hi ho
It’s off to _____ we go
With our heads held high
And our arms by our sides
And our belly buttons all in a row.

Hey, Hey

(from Dr. Jean, to the tune, “Na, na, na, na - hey, hey”)

Na, na, na, na! (wave arms/hands above head)
Na, na, na, na!
Hey, hey, _____

(Fill in the blank with whatever you want:

- “nice work”
- “Let’s line up”
- “Get your backpack”
- “Wash your hands”
- “Way to go”

- Anything else you can imagine!!

Everybody Line Up

(from Dr. Jean, to the tune, "Shortin' Bread")

Everybody line up, line up, line up.
Everybody line up by the door.
Not by the ceiling
Not by the floor
Everybody line up by the door.

Modified:

Everybody line up, line up, line up.
Everybody line up in a row.
Not in a circle
Not in a bow
Everybody line up in a row.
(Change it anyway you want - just work out the rhyme)

Gross Motor Movement

There is no song for this one. Just have the children move to the line using some type of gross motor movement: jump to the line, slither to the line, wiggle to the line, hop to the line, tiptoe to the line, etc.

Transitions: Stand Up/Sit Down

Drip Drop

by Kathie Hill & Darlene Abbott ("Songs & Chants for Antsy Pants" CD), www.kathiehillmusic.com

(start out in a squat position in your "tub" and very, very slowly move stand up and finish the song standing up)
Drip, drop, drip, drop
The water fills my tub
Drip, drop, drip, drop
I'm floating to the top
Drip, drop, drip, drop
The water lifts me up
Drip, drop, drip, drop
Now I'm standing up.

Jump Up and Sit Down

by Kathie Hill & Darlene Abbott ("Songs & Chants for Antsy Pants" CD), www.kathiehillmusic.com

Put your hands up
Put your hands down
Stomp your feet and turn around
Put your hands up
Put your hands down
Jump up once and then sit down

Modified:

(there are lots of options for customizing this song to suit your needs)

Put your hands up
Put your hands down
Touch your nose and turn around
Put your hands up
Put your hands down
Flap your arms and then sit down

(now add in any other movements to work on a specific skill or by letting the kids help choose)

Everybody Have a Seat

(from Dr. Jean, to the tune, "Shortin' Bread")

Everybody have a seat, have a seat, have a seat.
Everybody have a seat on the floor.
Not on the ceiling.
Not on the door.
Everybody have a seat on the floor.

Hot Spot!

(use poly-dots on the floor - one per child, they are sitting on their dots)

Say, "I had a heater put into our dots. When I snap my fingers, the heater will turn on and warm up our dots."

Snap your fingers.

Say, "Oh, I feel it getting warmer. Do you feel it?" (Let children respond)

Say, "Uh-oh, it's getting really warm! Now it's hot! Ow, ow, ow - HOT SPOT, HOT SPOT!"

Jump up and act like your bottom is super hot from the dots. Then snap your fingers to turn off the heater.

Elevator

(By Hugh Hanley, "Circle of Songs" CD, www.hughhanley.com)

Let's go riding in an elevator. (squat all the way down and bounce as you sing)

Let's go riding in an elevator. (squat all the way down and bounce as you sing)

First floor (stay in same spot and hold up one finger)

Second floor (move a tiny bit higher and hold up two fingers)

Third floor (move a tiny bit higher and hold up three fingers)

Fourth floor (move almost all the way up and hold up four fingers)

Fifth floor (move all the way up and hold up five fingers)

Down, down, down, down, down. (Count backwards with your fingers and slowly move back down to a squat).

Transitions: Hello/Greeting

Hello Song

by Kathie Hill & Darlene Abbott ("Songs & Chants for Antsy Pants" CD), www.kathiehillmusic.com

Hello, hello this is how we sing hello.

Hello, hello, sing hello.

Hello, hello this is how we clap hello.

Hello, hello, clap hello.

Hello, hello this is how we jump hello.

Hello, hello, jump hello.

Hello, hello this is how we wave hello.

Hello, hello, wave hello.

TRY THIS: Once the children get familiar with this song start changing your "hello's".

You might incorporate some hello's that go with your current theme or season (i.e.

animal hello's, bug hello's, snowman hello's, etc.). You might want to work on some specific fine or gross motor movements (snap hello's, wiggle 1 finger hello's, finger to finger hello's, move arms up & down hello's, jumping jack hello's, tip-toe hello's, etc.).

Include the children in the process by letting them pick some hello's they'd like to try.

This is a wonderful way to give kids ownership and encourage participation. It also lets them get creative & imaginative and work on some problem-solving. For instance, if a

child wants to do a "dolphin hello" ask him/her what that would look like and have him/her figure it out.

Hello How Are You

By Dr. Jean ("Sings Silly Songs" CD, www.drjean.org)

Hello how are you? (children repeat)

Hello how are you?

How are you this morning?

I am fine and I hope you are too (children repeat)

I am fine and I hope you are too.

I hope you are too this morning.

Turn to your neighbor and shake their hand (children repeat & shake hands)

Turn to your neighbor and shake their hand (shake hands)

Shake their hand this morning. (shake hands)

Modified: (there are lots of options for customizing this song to suit your needs)

Hello how are you? (children repeat)

Hello how are you?

How are you this morning?

I am wiggly and how about you? (wiggle; children repeat)

I am wiggly and how about you? (wiggle)

I am wiggly this morning. (wiggle)

(other options: "I am happy" (big smiles); "I am stretchy" (big stretches); "I am sitting" (sit down); "I am bouncy" (bounce/hop around))

Turn to your neighbor and give a high-five. (give high-fives, children repeat)

Turn to your neighbor and give a high-five (give high fives)

Give a high-five this morning. (give high fives)

(other options: "...and give a hug" (give hugs); "...and pinky hug" (give pinky hugs);

"...and give a wink (give winks/blinks); "... and give a point" (give a "cool" point)

Hello Friend

(from Dr. Jean, to the tune, "Goodnight Ladies")

Hello friend

How are you?

I'm very happy

to see you.

Greet your neighbor.

Boogie on down

Give a jump and

Turn around.

(Repeat)

Good Morning to You

(from Dr. Jean, to the tune, "Happy Birthday to You")

Good morning to you

Good morning to you

Good morning to _____ (child's name)

Good morning to you.

(Repeat for each child)

Clap a Friend's Name with Me

(to the tune, "London Bridges")

Clap a friend's name with me, name with me, name with me.

Clap a friend's name with me,

Let's Clap _____ (child's name)

(Keep going and change the action: tap, snap, stomp, pat knees, jump, etc.)

Where Is _____? (child's name)

(to the tune, "Are You Sleeping?")

Where is _____? (child's name)

Where is _____? (child's name)

Here I am. (child sings)

Here I am.

We're so glad to see you.

We're so glad to see you.

At our school.

At our school.

Good Morning Preschool Friends

(to the tune, "If You're Happy and You Know It")

Good morning preschool friends,

How are you?

Good morning preschool friends,

How are you?

It's time to start our day.

We're here to learn and play.

Good morning preschool friends,

How are you?

Transitions: Leaving/End of Day

We Had a Good Day

by Dr. Jean ("Kiss Your Brain" CD), www.drjean.org

We had a good day. (one "thumbs up")

We had a great day. (two "thumbs up")

So pat yourself on the back. (pat your back)

We had a good day. (one "thumbs up")

We had a great day. (two "thumbs up")

So pat yourself on the back. (pat your back)

We thought a lot today. (tap your head)

We learned in many ways. (open hands wide in front of you)

So kiss your brain. (kiss your fingers then "tap" the kiss onto your head)

We thought a lot today. (tap your head)

We learned in many ways. (open hands wide in front of you)

So kiss your brain. (kiss your fingers then "tap" the kiss onto your head)

It's time to say so long and end with a song. (point to your wrist like there's a watch)

So wave good-bye to your friends. (wave)

It's time to say so long and end with a song. (point to your wrist like there's a watch)

So wave good-bye to your friends. (wave)

It's Time to Say Good-bye

(from Dr. Jean, to the tune, "Coming Round the Mountain")

(Clap your hands and stomp your feet as you sing)

It's time to say good-bye to all my friends.

It's time to say good-bye to all my friends.

It's time to say good-bye,

Give a smile and wink your eye.

It's time to say good-bye to all my friends.

Good-Bye Friends

(from Dr. Jean, to the tune, "Frerer Jacques")

Good-bye friends. (teacher sings)

Good-bye friends. (children repeat)

Time to go. (teacher sings)

Time to go. (children repeat)

Thank you for playing. (all sing)

Thank you for learning. (all sing)

Love you so. (teacher sings)

Love you so. (teacher sings)

What Did You Learn?

(from Dr. Jean)

(Ask children to think of something they learned that day, then tap, clap as you say the chant and go around the circle to ask each child)

Hey, hey, what do you say?

What did you learn in school today?

It's Time for Us to Go

(from Dr. Jean, to the tune, "Famer in the Dell")

It's time for us to go.

It's time for us to go.

Say good-bye to all your friends.

It's time for us to go.

We've had a busy day.

We've learned a lot today.

Say good-bye to all your friends.

It's time for us to go.

Rhyme a Good-bye

(think up fun rhymes to say to children as they leave)

See you later Alligator - After a while crocodile.

In an hour sunflower - maybe two Kangaroo.

Gotta go Buffalo,

Better swish jellyfish.

Chop, chop lollipop.

Gotta run skeleton.

Bye, bye butterfly.

Better shake rattlesnake.

Give a hug ladybug.

Take care polar bear.

Peace out Girl Scout.

Bye bye pumpkin pie.

Transitions: Names

Who's That Underneath that Hat

Author unknown

(to the tune of "Head, Shoulders, Knees & Toes")

Who's that underneath that hat, that hat?

Who's that underneath that hat, that hat?

I see _____ underneath that hat.

_____ 's underneath that hat, that crazy hat!

(repeat for each one of your children)

I Wish I Had a Little Red Box

By Dr. Jean ("All Day Long" CD), www.drjean.org

I wish had a little red box to put my mommy in (make a box with hands)

I'd take her out (open hands and take something out of one hand)

And go kiss, kiss, kiss (blow kisses & make kiss noises)

And put her back again (put something back into hand & make a box again)

I wish had a little red box to put my daddy in (make a box with hands)

I'd take him out (open hands and take something out of one hand)

And go "mmm, mmm, hug" (give yourself a hug)

And put him back again (put something back into hand & make a box again)

I wish had a little red box to put my good friend in (make a box with hands)

I'd take them out (open hands and take something out of one hand)

And go "how do you do?" (wave to friends)

And put them back again (put something back into hand & make a box again)

Modified

(there are lots of options for customizing this song to suit your needs)

(Start by asking 1 child what his/her favorite color is and what he/she would like to put in the box. Let's assume the answers were: pink & dog.)

I wish I had a little pink box to put my doggie in (make a box with hands)

I'd take him out (open hands and take something out of one hand)

And go "ruff, ruff, ruff"

And put him back again. (put something back into hand & make a box again)

Willoughby Wallaby Woo

By Raffi ("Singable Songs for the Very Young" CD, available on iTunes)

Willoughby wallaby wee

An elephant sat on me.

Willoughby wallaby woo.

An elephant sat on you.

Willoughby wallaby walissa

An elephant sat on Melissa.

Willoughby wallaby wusan.

An elephant sat on Susan.

Flippity, Dippity, Fluttery Flea

by Kathie Hill & Darlene Abbott ("Songs & Chants for Antsy Pants" CD), www.kathiehillmusic.com

Flippity, dippity, fluttery flea

Won't you say your name for me?

"Melissa", "Hi Melissa"

Keep repeating for each child.

Tick-a-Tack-a

Author unknown

Hey there Emma someone's on the phone,

If it's your friend Caleb tell him you're at home.

(let the child say, "I'm home" into the phone and then pass it to the child referenced in the song)

(tap and clap to the beat for this next part)

Singing tick-a, tack-a, tick-a, tack-a,

wally-woo-woo.

Singing tick-a, tack-a, tick-a, tack-a,

wally-woo-woo.

Hey there Caleb someone's on the phone,

If it's your friend Mark tell him you're at home.

(let the child say, "I'm home" into the phone and then pass it to the child referenced in the song)

(tap and clap to the beat for this next part)

Singing tick-a, tack-a, tick-a, tack-a,
wally-woo-woo.

Singing tick-a, tack-a, tick-a, tack-a,
wally-woo-woo.

(Continue singing until each child has had a turn with the phone, end with yourself)

Try this: Want to add in some advanced early literacy skills for the older children if they're developmentally ready

Replace the starting sounds for the "tic-a-tac-a" and the "wally-woo-woo" with another sound. For example, let's replace those sounds with the sound for "B":

Singing bick-a, back-a, bick-a, back-a
Bally-boo-boo.

Singing bick-a, back-a, bick-a, back-a
Bally-boo-boo.

Handshakes

4-H

(from Dr. Jean)

Children choose one of these 4 H's:

- High five
- Hug
- Handshake
- Hollywood kiss (lean in and kiss in the air)

Thumb Kiss

(from Dr. Jean)

Touch your thumb to a student's thumb as you make a kiss sound.

Butterfly

(from Dr. Jean)

Clasp right thumbs together.

Extend fingers and flutter hands around like a butterfly.

Fish

(from Dr. Jean)

Partners place right palms on each other's forearms and tap with hand gently. It will feel like a wiggling fish slapping his tail against your arm.)

Potato

(from Dr. Jean)

- First, make fists and bump together as you say, “Baked Potato”.
- Second, point index fingers and tap index fingers together (rest of hand stays in a fist - touching partner’s fist) as you say “Tator Tot”
- Third, open hands and touch them palm to palm and wiggle fingers, as you say “French Fries”

Cheers

Roller Coaster

(from Dr. Jean)

Put your hands at your waist and slowly move them up your body, over your head as you making clicking noises. When you get to the top, swoop your arms down, and up, and down as you say “Woooooowooo!!”

Hamburger

(from Dr. Jean)

Pretend to make a hamburger patting by patting your palms together. Stick out your right hand as if placing a hamburger on a skillet (like your palm is on the skillet).

Make a sizzling sound and say, “Is it done?”

Turn your hand over and say, “Not yet”.

Make more sizzling sounds and say, “Is it done?”

Turn your hand over and say, “Not yet”.

Make more sizzling sounds and say, “Is it done?”

Turn your hand over and say, “Well done!”

Fireworks

(from Dr. Jean)

Hold your palms together in front of you as if praying.

Make a sizzling sounds (“ssssss”) as you wiggle your palms up in the air like a Fireworks going off.

Clap them above your head, then wiggle your fingers around and down like the sparkles coming from Fireworks.

Make an “ahhhhh” sound like a crowd watching the Fireworks go off.

(Do a giant firework, a medium one, and then a small one.)

Brain Hug

(from Dr. Jean)

Extend arms in front of you with thumbs pointing down.

Cross forearms, interlock fingers, and turn arms down and bend towards your chest (almost like you're curling your arms close to your chest).

You're hugging yourself!

I'm Loving It!

(from Dr. Jean)

Teacher says, "Da-da-da-da-da" (like McDonald's commercial)

Children respond, "I'm lovin' it!"

Bippity Boppity Boo

(from Dr. Jean)

Bippity Boppity Boo (Pretend to tap your "wand" three times)

Three cheers for you! (Wave "wand" in the air)

Woo-woo-woo!

Pat Yourself on the Back

(from Dr. Jean)

Have children pat themselves on the back as they say, "I'm good stuff"

Next, have them pat a friend's back as they say, "You're good stuff too!"

Finger Plays

Alligator Chant

By Dr. Jean ("Sings Silly Songs" CD), www.drjean.org

(This is an "echo song" - the children will echo back each line after you say it)

Alligator (slightly open your hands for the alligator's mouth)

Alligator (open your arms from the elbows for the alligator's mouth)

Alligator (said much louder and open arms as wide as possible)

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Can be your friend, can be your friend, can be your friend too. WOOO! ("hug" index fingers, this is the ASL sign for "friend" and then fan hands for the "Wooo")

The alligator is my friend. (point your thumbs to yourself)

And he can be your friend too (point out to the kids)

If only you could understand. (tap the side of your head with your index finger)

Don't wear him as a shoe! (shake index finger back and forth for "no")

Alligator (slightly open your hands for the alligator's mouth)

Alligator (open your arms from the elbows for the alligator's mouth)
Alligator (said much louder and open arms as wide as possible)
Can be your friend, can be your friend, can be your friend too. WOOO! ("hug" index fingers, this is the ASL sign for "friend" and then fan hands for the "Wooo")
The alligator is my friend. (point your thumbs to yourself)
He likes to dance and flirt (smile and wave open hands)
If only you could understand. (tap the side of your head with your index finger)
Don't wear him as a skirt! (shake index finger back and forth for "no")
Alligator (slightly open your hands for the alligator's mouth)
Alligator (open your arms from the elbows for the alligator's mouth)
Alligator (said much louder and open arms as wide as possible)
Can be your friend, can be your friend, can be your friend too. WOOO! ("hug" index fingers, this is the ASL sign for "friend" and then fan hands for the "Wooo")
The alligator is my friend. (point your thumbs to yourself)
He likes to sing and dance (move arms up and down in front of you)
If only you could understand. (tap the side of your head with your index finger)
Don't wear him as your pants! (shake index finger back and forth for "no")
Alligator (QUIET VOICE - slightly open your hands for the alligator's mouth)
Alligator (MORE QUIET - open your arms from the elbows for the alligator's mouth)
Alligator (JUST ABOVE A WHISPER - said much louder and open arms as wide as possible)
Can be your friend, can be your friend, can be your friend too. WOOO! (BARELY WHISPER - "hug" index fingers, this is the ASL sign for "friend" and then fan hands for the "Wooo")

Great Big Plop

By Mr. Eric & Mr. Michael ("Rockin' Red from the Learning Groove" CD on iTunes)

You can easily do this story without using the CD/iPod once you are familiar with it. The kids will respond better to you than to the voice coming out of the speakers.

BEFORE THE STORY: Tell the children you are going to tell them a story about the GREAT BIG PLOP (always say this loudly). Let them practice saying "GREAT BIG PLOP!!" and tell them they get to help you say that part of the story.

There were 4 rabbits by the river sipping water (hold up 4 fingers, then make a sipping noise)

When all of the sudden, they heard a...

GREAT BIG PLOP (hold your arms up high and then drop them down on "plop")

And the rabbits said, "Yikes! Run for your life!" (hands on cheeks for a scared face)

And the rabbits ran like this... (clap your hands quickly on your legs)

It just so happens they ran past 3 deer (hold up 3 fingers)

And the deer said, "Why are you making so much noise?"

The rabbits explained... “We heard a ...”

GREAT BIG PLOP!!! (*hold your arms up high and then drop them down on “plop”*)

And the deer said, “Yikes! Run for your life!” (*hands on cheeks for a scared face*)

And the deer ran like this... wee-ooo, wee-ooo, wee-ooo (*move hands up and down – like a roller coaster – for each “wee-ooo”*)

And the rabbits (*clap your hands quickly on your legs*)

Now it just so happens that they ran past 2 laughing hyenas (*hold up 2 fingers*)

And the laughing hyenas said, “Why are you making so much noise?” (*laugh as you talk*)

And the rabbits explained, “We heard a ...”

GREAT BIG PLOP!! (*hold your arms up high and then drop them down on “plop”*)

And the hyenas said, “Yikes! Run for your life!” (*laugh as you talk, and put hands on cheeks for a scared face*)

And the hyenas ran like this.... (*laugh and wave your arms in a crazy way*)

And the deer (*move hands up and down – like a roller coaster – for each “wee-ooo”*)

And the rabbits (*clap your hands quickly on your legs*)

Now it just so happens that they ran past 1 wise owl (*hold up 1 finger*)

And the owl said, “Why are you making so much noise?”

And the rabbits explained, “We heard a ...”

GREAT BIG PLOP! (*hold your arms up high and then drop them down on “plop”*)

And the owl said, “So what?!”

“Good question” thought the rabbits

And they agreed to take the owl to the place of the plop

And the owl flew like this... (*make blowing sounds and wave arms up and down*)

And the hyenas (*laugh and wave your arms in a crazy way*)

And the deer (*move hands up and down – like a roller coaster – for each “wee-ooo”*)

And the rabbits (*clap your hands quickly on your legs*)

And they came to the river

There on the banks was an oak tree

On the oak tree was a branch

On the branch was an acorn

The wind blew (*making a blowing sound*)

The acorn fell into the water

And made a GREAT BIG PLOP (*hold your arms up high and then drop them down on “plop”*)

The owl said, “See, you’ve been afraid of an acorn.”

They all had a good laugh about that

Especially the hyenas.

Wally Acha

By Dr Jean ("Keep on Singing and Dancing" CD, www.drjean.org)

Wally Acha, Wally Acha (*tap knees & clap hands to the beat*)
Doodlely-doo, Doodlely-doo (*left thumbs up and go from right side of body to left*)
Doodlely-doo, Doodlely-doo (*right thumbs up and go from left side of body to right*)
Wally Acha, Wally Acha (*tap knees & clap hands to the beat*)
Doodlely-doo, Doodlely-doo (*left thumbs up and go from right side of body to left*)
Doodlely-doo, Doodlely-doo (*right thumbs up and go from left side of body to right*)

(left elbow rests on right hand and wiggle fingers, then switch to right on left - continue to switch back and forth while you sing this part)

It's a simple little song there's not much to it.
all you've got to do is doodlely-doo it.

Wally Acha, Wally Acha (*tap knees & clap hands to the beat*)
Doodlely-doo (*smaller movement this time - left thumbs up and go from right side of body to left*)
Doodlely-doo doo (*smaller movement this time - right thumbs up and go from left side of body to right*)
Boop, boop (*tug on your ears*)

(repeat in a loud voice, then repeat in a softer voice OR modify it anyway you want)

Baby Bear Story

This version by Karyn Henley ("Five Little Ladybugs CD, Available on iTunes)

There once was a Baby Bear (index finger & thumb showing something small)
Who lived in a cave in a mountainside (make a circle with your arms stretched overhead)
He had a Mommy Bear (wiggle right index finger)
And a Daddy Bear (wiggle left index finger)
Mommy Bear and Daddy Bear (quickly wiggle right index finger then left index finger)
Told Baby Bear when to pick up his toys (shake & point left index finger)
When to brush his teeth (shake & point right index finger)
And when to go to bed! (shake & point right index finger)
Baby Bear got tired of it! (index finger & thumb showing something small)
"Why can't I be my own boss??!!" (cross your arms and make a grumpy face)
"I'm going to RUN A-WAY!" said Baby Bear (keep arms crossed for "run away", then make a scared face)
So he walked along the rocky road (pat your legs with your hands)
And he walked along the stony path (clap your hands)
And he walked across the great, big bridge (pound your chest with your fists)
And he shuffled through the tall grass (rub the palms of your hands together)
And he squished through the mud (squeeze your hands together making a puff of air)

Then Baby Bear came to the end of the path. (slow down and use a quiet voice to build suspense)

AND DO YOU KNOW WHAT HE SAW?! A LION!!!

So he squished back through the mud (squeeze your hands together making a puff of air)

And he shuffled back through the tall grass (rub the palms of your hands together)

And he ran back across the big bridge (pound your chest with your fists)

And he ran back along the stony path (clap your hands)

And he ran back along the rocky road (pat your legs with your hands)

Until he was safe in his cave again (make a circle with your arms stretched overhead)

Baby Bear said, "I'm so glad God gave me ..." (index finger & thumb showing something small)

"a Mommy Bear" (wiggle your right index finger) "and a Daddy Bear" (wiggle your left index finger)

"who will always take care of me." (use a soft voice and bring your hands to your chest)

Mr. Wiggle & Mr. Waggle

(by Mary Jo Huff, "Gettin' Loose with Mother Goose CD, available on iTunes)

(Mr. Wiggle is your right thumb and Mr. Waggle is your left thumb. Their homes are the palms of your hands. Mr. Wiggle lives on the East side of town and Mr. Waggle lives on the West side of town. When they go in/out of their homes you will make a "click" with your tongue.)

This is Mr. Wiggle (hold up your right thumb)

And this is Mr. Waggle (hold up your left thumb)

Mr. Wiggle lives on the East side of town (wiggle your right thumb/hand)

And Mr. Waggle lives waaaayyyyy over on the West side of town (wiggle your left thumb/hand)

(now tuck your thumbs inside your hands and let's begin our story)

One day Mr. Wiggle decided to go visit his good friend, Mr. Waggle (hold up your right hand and wiggle it)

So Mr. Wiggle opened his door ("click" and open your right hand)

Came outside ("click" and stand your right thumb up)

and closed the door ("click" and close your right hand)

Mr. Wiggle went up the hill, and down the hill (move your right thumb up and down with the words)

And up the hill, and down the hill

And uuuuuuuupppppppp the hill - it's a really big hill, and down the hill (move your right thumb way up high)

And up the hill, and down the hill

And up the hill, and down the hill

When he got over to Mr. Waggle's house he knocked on the door ("click, click, click" and knock on your left hand)

But Mr. Waggle didn't answer.

So Mr. Wiggle knocked again ("click, click, click" and knock on your left hand)

But Mr. Waggle still didn't answer.

So this time Mr. Wiggle knocked really loud ("click, click, click" and knock on your left hand)

And when Mr. Waggle didn't answer, Mr. Wiggle went around to the back door and knocked one more time

(move around to the "back" of your left hand and knock "click, click", "click")

Mr. Waggle wasn't there so Mr. Wiggle went home.

Mr. Wiggle went up the hill, and down the hill (move your right thumb up and down with the words)
And up the hill, and down the hill
And uuuuuuuupppppppp the hill - it's a really big hill, and down the hill (move your right thumb way up high)
And up the hill, and down the hill
And up the hill, and down the hill
When he got home, Mr. Wiggle opened the door ("click" and open your right hand)
Went inside ("click" and fold right thumb into your palm)
And closed his door ("click" and close your right hand).
The very next day Mr. Waggle decided to go visit his good friend, Mr. Wiggle (hold up your left hand and wiggle it)
So Mr. Waggle opened his door ("click" and open your left hand)
Came outside ("click" and stand your left thumb up)
and closed the door ("click" and close your left hand)
Mr. Waggle went up the hill, and down the hill (move your left thumb up and down with the words)
And up the hill, and down the hill
And uuuuuuuupppppppp the hill, and down the hill (move your left thumb way up high)
And up the hill, and down the hill
And up the hill, and down the hill
When he got over to Mr. Wiggle's house he knocked on the door ("click, click, click" and knock on your right hand)
But Mr. Wiggle didn't answer.
So Mr. Waggle knocked again ("click, click, click" and knock on your right hand)
But Mr. Wiggle still didn't answer.
So this time Mr. Waggle knocked really loud ("click, click, click" and knock on your right hand)
And when Mr. Wiggle didn't answer, Mr. Waggle went around to the back door and knocked one more time
(move around to the "back" of your right hand and knock "click, click", "click")
Mr. Wiggle wasn't there so Mr. Waggle went home.
Mr. Waggle went up the hill, and down the hill (move your left thumb up and down with the words)
And up the hill, and down the hill
And uuuuuuuupppppppp the hill, and down the hill (move your left thumb way up high)
And up the hill, and down the hill
And up the hill, and down the hill
When he got home, Mr. Waggle opened the door ("click" and open your left hand)
Went inside ("click" and fold left thumb into your palm)
And closed his door ("click" and close your left hand).
Well a couple of days went by and on the very same day at the very same time
Mr. Wiggle (shake your right hand) decided to go visit Mr. Waggle (shake your left hand)
And Mr. Waggle (shake your left hand) decided to go visit Mr. Wiggle (shake your right hand)
They both opened their doors ("click, click" and open both hands)
They both came outside ("click, click" and stand up both thumbs)
And they both closed their doors ("click, click" and close both hands)
They went up the hill, and down the hill (move both thumbs up and down with the words towards the middle)

And up the hill, and down the hill
and uuuuuuuuuuppppppppppp the hill (both thumbs should be up high in the middle)
when they got to the top of the big hill they saw each other
They began to talk, and talk, and talk, and talk, and talk..... (wiggle thumbs at each other)
The whole afternoon away
They were both really tired so they gave each other a hug (hug thumbs together)
And then they went down the hill
And up the hill, and down the hill
and up the hill, and down the hill
They opened their doors ("click, click" and open both hands)
Went inside ("click, click" and fold thumbs into your palms)
And closed their doors ("click, click" and close your hands)
And they both took a nap (snore).
And that is the story of Mr. Wiggle and Mr. Waggle.

Ten Little Friends

By Dr. Jean, www.drjean.org

(hold up your fingers & count your friends)
1, 2, 3, 4, 5, 6, 7, 8, 9, 10 - Ten Little Friends (wiggle each finger as you count it)
Now hide them behind your back)
Ten little friends came out to play (slowly bring your wiggling fingers from behind your back)
On a bright and sunny day (spread your fingers out and move hands slowly back and forth)
They had a little talk (face hands together and let fingers wiggle and "talk" to each other)
Talk, talk, talk, talk, talk, talk, talk.
And they took a little walk (face hands out & take turns moving them forward to "walk")
Walk, walk, walk, walk, walk, walk, stop!
Till they saw a great, big hill (lean your head & hands back and look up at the top of the hill)
They climbed to the top (take turns climbing hands to the top)
Climb, climb, climb, climb, climb
And stood very still (hold hand up straight, spread fingers out and don't move)
Until they tumbled down (roll your hands down)
And fell to the ground, BOOM! (drop hands to the ground)
"We're tired" they said (bring hands up from the ground looking droopy & tired)
So they went home and went to bed (count your fingers, tucking each one in as you count)
1, 2, 3, 4, 5
Shhhhh, they're sleeping, we'd better whisper (now finish counting/tucking the other 5 fingers)
6, 7, 8, 9, 10 (hold closed fists together facing each other)
Shhhhh (still whispering and lay your sleeping fingers down to rest)

Great Big Cat

(from Mr. Eric & Mr. Michael)

There once was a great big cat (arms in front of you, stretch them out wider and wider)
And a weeeeeeee little mouse (use a small, high voice and bring index fingers together in front of you)

Who ran around and around (roll your arms)

The tall, tall house (point index fingers over head till they touch)

Well that weeeeeeee little mouse (use a small, high voice and bring index fingers together in front of you)

Got caught at last! (Spread arms apart - one high and one low - then clap them together just as you say "last")

'Cause the great big cat (arms in front of you, stretch them out wider and wider)

Ran around so fast! (roll your arms as fast as you can)