

MOVING TO THE BEAT

Move 'em or Lose 'em

"Step In Time" – The Wonderful World of Disney: Disneyland 60
<https://www.youtube.com/watch?v=hlil05uNgnI>

GREAT OPENERS TO GIVE YOU A WORKOUT AND TO WORK OUT THEIR WIGGLES:

Songs for 1 year +

"Shake My Sillies Out" – More Singable Songs by Raffi
"Five Little Ladybugs" – Five Little Lady Bugs CD, by Karyn Henley

Songs for 2 year +

"Jump and Hop" – Five Little Lady Bugs CD, by Karyn Henley
"In a Ring" – Kitchen Band Parade CD, by Karyn Henley
"All Fall Down" – 'Specailly Special Songs, by Church Street Music

Songs for 3 year +

"I'm Gonna Sing Sing Sing" – Crazy Praize 1, by Brentwood Kids
"Great Big God" - Great Big God CD, by Vineyard Worship
"I Have Decided" – Crazy Praize 1, by Brentwood Kids
"Deep" – Press On, by Selah

MOVING BIBLE VERSES:

"Love God ... with your whole heart: love Him with all that's in you, love Him with all you've got! Write these commandments that I've given you today on your hearts. Get them inside of you and then get them inside your children. Talk about them wherever you are, sitting at home or walking in the street; talk about them from the time you get up in the morning to when you fall into bed at night." (Deuteronomy 6:5-7 from The Message)

Part 1:

"Love God ... with your whole heart: love Him with all that's in you, love Him with all you've got!"

Part 2:

Write these commandments that I've given you today on your hearts.

Part 3:

Get them inside of you and then get them inside your children.

Part 4:

Talk about them wherever you are, sitting at home or walking in the street;

Part 5:

talk about them from the time you get up in the morning to when you fall into bed at night."

(Deuteronomy 6:5-7 from The Message)

MOVING STORIES:

"Climb Aboard The Spaceship" (tune *"Itsy Bitsy Spider"*) using spaceship manipulatives
Climb aboard the spaceship, We're going to the moon.
Hurry and get ready, We're gonna blast off soon.
Put on your helmets, and buckle up real tight.
Here comes the countdown, Let's count with all our might.
10-9-8-7-6-5-4-3-2-1—BLAST OFF!!

Space Song Rocket Ride – book & CD from Barefoot Books

"Fly Me to the Moon," by Frank Sinatra on *Nothing But the Best*

The Snowman Shuffle, by picture window books – read and dance to while playing *"The Snowman Shuffle"* from *Christmas, Christmas Magical Holiday Favorites*

SMALL GROUP ACTIVITY: Dancing Feet, by Lindsey Craig

Instructions: Do whatever it takes to make your animal dance come to life through motions. You can use music from your phone (using the bluetooth speaker) and/or rhythms instruments to enhance your assigned creature, just as long as everyone in the group use their "dancing feet."

Group 1 – Ladybugs – tippity

Group 2 – Elephant – stompity

Group 3 – Ducks – slappity

Group 4 – Caterpillar – creepity

Group 5 – Bear – thumpity

Group 6 – Lizzard – clickity

ALL will move on the final page when your motion is called.

"Dancing Feet" – *Five Little Lady Bugs* CD, by Karyn Henley

USING MANIPULATIVES THAT MOVE:

Pom-poms or Shiny Things:

Hymns Rock instrumental CD, by Pam Andrews at pamandrewsmusic.com – 6 tracks total but demo: march, mambo, hip-hop)

Scarves:

Look at the *Pretty Scarves*, from *Teeny Tykes & Tunes for Infants, Volume 1*

Put the Scarves in the Basket, from *Teeny Tykes & Tunes for Infants, Volume 1*

My Many Colored Days, by Dr. Seuss, purchased from Music in Motion at musicmotion.com as a kit with book, scarves, and CD

1. Different Colored Days
2. Red
3. Blue
4. Brown
5. Yellow
6. Gray
7. Orange
8. Green
9. Purple
10. Pink
11. Black
12. Mixed Up

Scarves (continued):

“*The Syncopated Clock*” from *Parachutes and Ribbons and Scarves Oh My!* (instructional book & DVD, and CD), by Artie Almeida

Dixie Cups:

“*Stomp*” – kid version of the song by Kirk Franklin from the CD *Big Songs for Little Ones* (out of print)

Parachute:

William Tell Overture “Finale” from *Parachutes and Ribbons and Scarves Oh My!* (instructional book & DVD, and CD), by Artie Almeida

Stretchy Band:

“*March*” from the *Nutcracker* from *Parachutes and Ribbons and Scarves Oh My!* (instructional book & DVD, and CD), by Artie Almeida