

Dinosaur Stomp - movement

by Koo Koo Kanga Roo
dance available on youtube or GoNoodle
song available on iTunes

The Button Factory-a cumulative game

available itunes and youtube or
Singing Games Children Love, Vol 2 by
Denise Gagne, Themes and Variations

Hi! My name is Joe,
And I work in a but-ton fac-to-ry.
I have a wife and a dog and a fa-mi-ly.
One day my boss came up to me
He said, "Hi, Joe!" Are you bu-sy?"
I said, "Gosh no!"
He said, "Turn the but-ton with your left
hand!"

This is a cumulative game. You begin with one action, and add an action with each repetition. Begin by patting a steady beat on your knees. On "Turn the button with your left hand" begin waving your left hand to the beat. On the second repetition, substitute "Turn the button with your right hand." Now you should be waving your left and right hands. Add the left leg, right leg, head, and tongue.

We Are Dancing in the Forest - a game for voices and instruments or may be played as a singing game

Instruments used: boomwhackers and glockenspiels. Boomwhackers play C1 on ti-ti then C2 on ta with a repeat(4 beats total). Glockenspiels play CG simultaneously on every beat.

Game: Designate 3 "stations" in the room: 1. glockenspiels 2. boomwhackers 3. singers/dancers. Place instruments in corresponding stations and put scarves in the singing/dancing station. Divide students equally among the 3 stations. Stations 1 & 2 play while Station 3 sings and dances with scarves:

"We are dancing in the forest while the
wolf is far away
Who know what will happen to us if he
finds us at our play.
Wolf, where are you?"

When dancers call out "Wolf where are you?" the glockenspiel players put their instruments down and chase and tag a dancer. They replace the dancers. glockenspiel players move to Boomwhackers move to glockenspiels. Dancers move to Boomwhackers. Continue the rotation until everyone has had a turn at all stations.

Can't Stop the Feeling by Justin Timberlake
- crossing the midline

hand to elbow
hand to knee
elbow to knee
hand to foot (in front of body)
hand to foot (behind body)

"March" from The Nutcracker by Peter Tchaikovsky - Activity by Artie Almeida from Parachutes and Ribbons and Scarves, Oh My!, listening lessons with movement props Heritage Music Press, A Lorenz Co., www.lorenz.com
materials: plastic or paper plates

Little Sally Walker - traditional African American singing game

Little Sally Walker walk-in' down the street.
She didn't know what to do so she came right up to me. She said,
"Hey girl, do your thing, do your thing, and switch.
Hey girl, do your thing, do your thing, and switch."

Game: 1. Circle stands and sings while center player walks around inside of circle stopping in front of someone at "stops in front of me..
2. "Hey girl ..." - center person does an action, outside person copies

3. "and switch" - the two switch places and continue with the original action
4. 4. With a new person in center the game begins again

Little Cabin in the Woods, traditional
Student will develop inner listening skills (Can they hear the beat with no sound?)

Little cabin in the woods
 form an A frame hut with hands
Little man by the window stood
 look R to L
Along came a rabbit hopping by
 make a rabbit with 2 fingers
Knocking at the door
 knock
"Help me! Help me! Help!" he said
 raise arms and shriek
"Before the hunter bops my head"
 palm strikes fist of the opposite hand
"Come on in," the little man said.
 gesture "come"
"Warm up by the fire."
 rub hands together

The San Antonio Fair - movement game
tune: Old Kentucky Fair

I went to San Antonio, the San Antonio Fair
To see a señorita with a flower in her hair.
(substitute for a boy - To see a señor with a sombrero on his head.)

Shake it like a milkshake, shake it if you can
Shake it like a milkshake and do the best you can.
Rumba to the bottom, rumba to the top
Turn around and turn around until you have to stop.

Game: Children forma standing circle.
Choose a child (or children) to be "it" in the middle of the circle. Sing song and improvise movements. On "turn around and turn around" the child (children) in the middle of the circle closes their eyes, extends their index finger, and turn to choose a new child to take their place.

"Finale" to the Overture from William Tell
by Gioachino Rossini - Available on iTunes
Activity by Artie Almeida from Parachutes and Ribbons and Scarves, Oh My!, listening lessons with movement props
Heritage Music Press, A Lorenz Company

4 Corners - movement game

This game can be played to reinforce a concept or simply as an active game.

Set-up: Designate an area with 4 corners.
Children may scatter themselves throughout the room.

Game: 1. The player in the middle will close their eyes and count slowly and loudly from 10 to 0.
2. While they are counting, all others quietly move to a corner. When the counter gets to 0, everyone must be at a corner (if not they must sit down).
3. After counting, the player in the middle names the corner of his/her choice and can only open their eyes after having done so.
4. Anyone standing in that corner must sit down. If no one is standing at the chosen corner, all players sitting may stand up and get back into the game.
When only one player is left standing, s/he becomes the counter for the next round.

I'm Gonna Be (500 Miles) - movement
by The Proclaimers
available on itunes

lasso - yee-haw
swim - hit your head on the wall - Ouch!
ski - "Tree! Tree! Tree! Tree!"
arf - ah-oooo (howl)

"Trepak" from The Nutcracker by Peter Tchaikovsky - Activity by Artie Almeida from Parachutes and Ribbons and Scarves, Oh My!, listening lessons with movement props
Heritage Music Press, A Lorenz Co.

materials: ribbon streamers