



Early Childhood Specialties LLC

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earlychildhoodspecialties.com

HELPING THE CHILDREN WHO NEED IT MOST: HANDLING CHALLENGING BEHAVIORS

PRESENTED BY DIANE T. GOYETTE, M.A.

MASTER REGISTERED LEVEL TRAINER #1420

Learning Objectives - Successful learners will:

- Identify ways to buffer the effects of toxic stress in young children's lives
- Utilize behavior management strategies to prevent and handle challenging, defiant, or explosive behavior

Sources of Toxic Stress and Other Pathways to Challenging Behaviors

Environmental Stressors	
ADHD	
ASD	
SI Issues	
Others	

Responsive Relationships Buffer the Effects of Toxic Stress!

- Use serve and return interactions
- Connect with children
- Use songs & games to promote closeness.
- Notice positive behaviors.

Connecting with children requires:

- Emotional Warmth
- Close Contact
- Playfulness

(adapted from consciousdiscipline.com)

Preventing Challenging Behaviors

- Review rules _____
- Give choices _____
- Use a safety signal _____
- Use visuals _____

Managing Challenging Behaviors

- Give empathy _____
- _____
- _____
- _____

Get curious, not furious!

- Stay calm
- Be a detective
- Reflect back what you see, hear, or think the child is feeling



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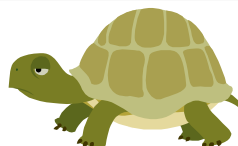
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- Use calming strategies _____

Smell the flower,
Blow the pinwheel.



STOP
BREATHE 1, 2, 3
THINK



<https://eclkc.ohs.acf.hhs.gov/hslc/fta-system/teaching/center/development/teacher-time-webinars.html>

- Teach new skills _____

How can you teach children...

To ask to play? _____

To ask to leave circle time? _____

To stand up for themselves? _____

Other replacement skills? _____

Action Plan

Relationships	Prevention	Management

RESOURCES

Bailey, B.A. (2000). *I love you rituals*. New York: HarperCollins Publishers, Inc.

Bailey, B. A. (2001). *Conscious discipline: 7 basic skills for brain smart classroom management*. Oviedo, FL: Loving Guidance, Inc.

Center on the Developing Child, Harvard University. <http://developingchild.harvard.edu/>

Center on the Social and Emotional Foundations for Early Learning (CSEFEL)
http://csefel.vanderbilt.edu/resources/training_preschool.html MODULE 3b

Head Start National Center on Teaching and Learning

<https://eclkc.ohs.acf.hhs.gov/hslc/fta-system/teaching/center/development/teacher-time-webinars.html>
4/25/2014 - Teachers' Choice! Digging Deeper into Challenging Behavior, Part 2

www.consciousdiscipline.com

Good luck with your challenging behaviors!