

Creating a Sensory Friendly Classroom:

A Welcoming Place for All

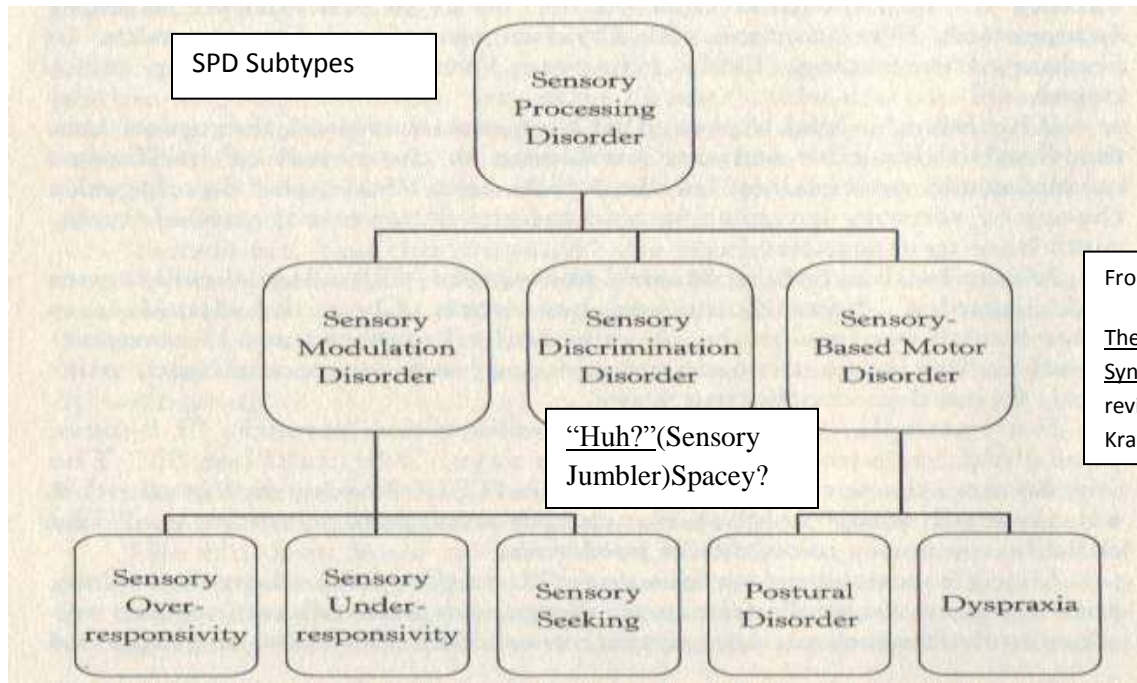
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“Sensory Players on the Brain-body team” (Mucklow, [Sensory Team Handbook](#))



Pictures from [My Sensory Book](#). Kerstein

Visual Auditory Gustatory Olfactory Tactile Vestibular Proprioceptive



From [The Out of Sync Child](#), revised ed., Kranowitz

<u>“Oh, no!”</u>	<u>“Ho, hum”</u>	<u>“More!”</u>	<u>“Don’t want to”</u>	<u>“I can’t do that”</u>
(Sensory Avoider)	(Sensory Disregarder)	(Sensory Craver)	(Sensory Slumper)	(Sensory Fumbler)
Picky?	Slow?	Wild?	Lazy?	Messy?

Avoiders/Defensive
(over-reactors)

Seekers
(under-registers)

Sensory Surveys

- <https://www.sensorysmarts.com/sensory-checklist.pdf>
- Answers to Questions Teachers Ask about Sensory Integrations by Carol Kranowitz, Jane Koomar, Stacy Szklut

Classroom "Sensory Diet"

Sensory Safe Place (Cool Down)

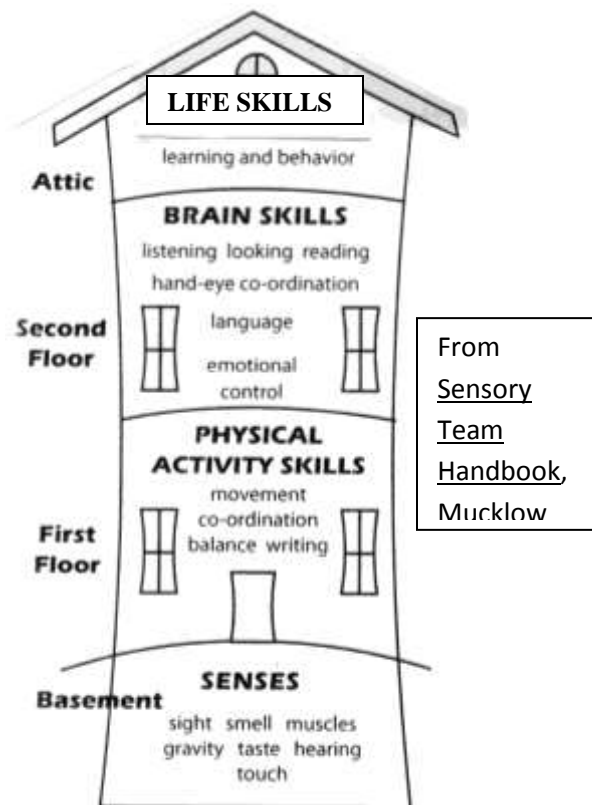
Touch Table

Modified Classroom Expectations

Sensory Signals

Behavioral Issues

Organizing Movement



Behavior Journal (from p. 61, Raising a Sensory Smart Child, Biel)

<u>day & time</u>	<u>behavior observed</u>	<u>situation</u>	<u>what happened just prior</u>	<u>what helped?</u>

SENSORY BEHAVIOR LOG (by Kristin Mathis, OTR) (suggestion - use both, side by side)

<u>Food & Water?</u>	<u>Sensory components?</u>	<u>Movement opportunities?</u>	<u>Positive Sensory Opportunity?</u>	<u>Overwhelm? Seeking?</u>

"It is impossible for a child to behave normally if his body and brain are exchanging _____."
(p.106, The Sensory Sensitive Child, Smith and Gouze)

Each of us acts in accordance with the information our _____ feed us. ...To grasp this concept requires a paradigm shift from viewing behavior as primarily psychologically motivated to seeing it as an end product of _____." (p.14, Too Loud, Too Bright, Too Fast, Too Tight, Heller)

"Kids do well if they _____ (Greene, Lost at School...)"

"Consequences are wonderful when they work. They are less wonderful when they _____. And often they don't work for the kids to whom they are most _____." (Greene, Lost at School... p. 7)

Resources

(see two resources above as well)

<http://asensorylife.com>

The Out-of-sync Child: Recognizing and Coping with Sensory Processing Disorder by Carol Stock Kranowitz (rev. 2005+)