

Dealing with Difficult Behaviors— Different Lenses

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Adaptive v. Maladaptive

Aggression or Fear?

Choices or Anxiety?

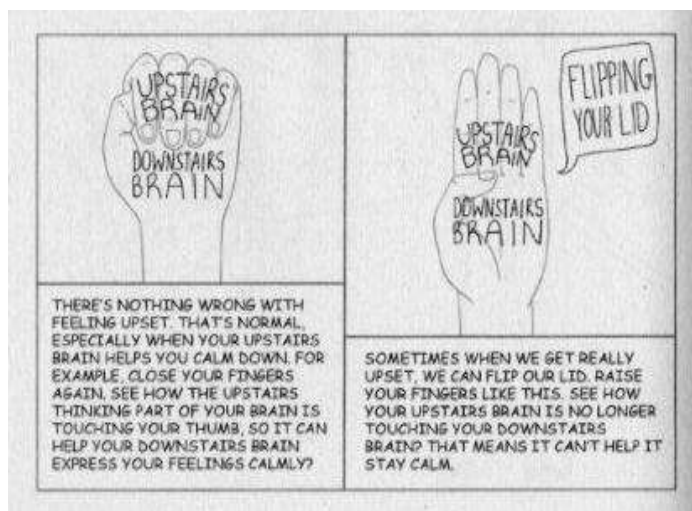
Disobedience or Developing Self-Regulation?

“Behaviorally Dysregulated”

Children do well if they _____. (Ross Greene)

Window of opportunity

FLIPPING YOUR LID



Dan Seigel, [Whole-Brain Child](#)

Importance of Attachment

Felt Safety

Connecting v. Correcting

BOTH!

TRUST BASED RELATIONAL INTERVENTION(TBRI) from TCU ICD, Dr. Purvis and Dr. Cross
The Tools (TBRI)

- IDEAL
- Level of Response
- Playful Engagement
- Giving Voice
- Mindfulness

IDEAL Response (TBRI) (from The Connected Child, pgs. 96-97)

- Immediate (initiated within 3 seconds)
- Direct (eye contact, proximity)
- Efficient (least amount of force necessary)
- Action-based (physically led through a “do-over”)
- Leveled at behavior (NOT at the child)

Levels of Response (TBRI) (from The Connected Child, pgs. 96-97)

Level 1 – mild challenge from child (use playful engagement)

Level 2 – moderate challenge from child (provide choices with a firm voice of authority and a level stance)

Level 3 – strong challenge/verbal aggression (provide a think it over/time in)

Level 4 – physical aggression (child and others have to be kept safe) The interaction ends with a positive redo, a reconnection, praise and encouragement – “connection”.

Self-Regulation

Typical Development

Building Blocks

Using Circle Time

Transitions

Organizing Movements for Transitions

Why Rituals?

The best rituals?

Calm Down Corner/Regulation Station

Labeling Charts

Sensory Processing

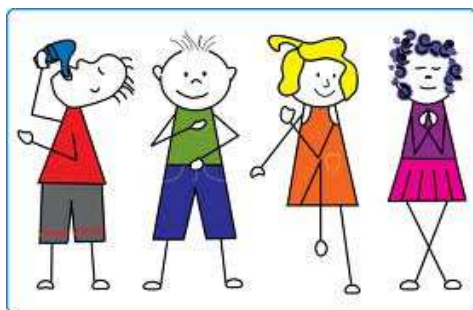
And more

Hydration and Nutrition

“Magic Phrases”



<http://thehometeacher.org/2012/02/dont-be-an-angry-bird-lessons-on-anger-management-for->



“Reset Buttons” -

<http://creativewithkids.com/connection-points-when-youre-exhausted/>

<http://thepenningtonpoint.com/2012/02/20-ways-to-reset-when-the-kids-are-having-a-hard-day/>

Concept – Brain Gym P.A.C.E. graphic -
<http://www.communicategood.com/brain-gym/>

Magic Phrases

What do you need?

Are you big enough to do it by yourself today or do you need my help?

Not-so-magic phrases

Why?

What were you thinking?

Resources

The Whole-Brained Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind by Daniel J. Siegel and Tina Payne Bryson

No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind by Daniel J. Siegel and Tina Payne Bryson

Your Fantastic Elastic Brain: Stretch It, Shape It by JoAnn Deak (children's picture book – message good for all ages)

The Connected Child by Karyn Purvis, David Cross and Wendy Sunshine (specifically written for adoptive and foster parents – great insights for all)

Mindset: The New Psychology of Success by Carol Dweck

<http://www.livesinthebalance.org/> (Ross Greene's website)

<http://cindyrllee.com/published/> (children's books based on TBRI)

<http://empoweredtoconnect.org/insights-gifts-video-series/> (TBRI)